



LSM  
**LENT**  
**CALENDAR**

2024

“Be merciful, O Lord, for we have sinned.” (cf. Psalm 51:3a)



**Invitation from Laudato Si' Movement:**

Lent is a special season for reflection and action through prayer, fasting, and almsgiving, so this year we'll live it more profoundly by focusing on the theme "Listen to the cry of the Earth and the cry of the poor" (LS 49). We invite Catholics to live this special liturgical season by repenting of their ecological sins, reading and reflecting on the content of this calendar, and reconciling their relationship with Earth through concrete actions according to the regional campaigns.

**About the Lent Calendar:**

A curated blend of calendar touchstones, Gospel reflections, and regional calls to action, the Lent Calendar links the contemplative spirit of the Lent Season with the need for ecological conversion through repentance, reflection, and reconciliation. Crafted urgently as people of faith and global citizens, this calendar and associated reflections are a unique fusion of spiritual and prophetic engagement.

**Contributions:**

Antonio Caschetto from our spiritual haven in Assisi, Italy, shaped the Gospel reflections; Eco-Conversion Programs Manager Suzana Moreira provided the foundation for this resource from her home in Brazil; regional organizers Prince Papa from Kenya, Cheryl Dugan from the Philippines, Igor Bastos from Brazil, Anna Johnson from the United States, Eloi Descamps from France, prepared the regional calls to action; our communications team from across Latin America and our translators from across the world collaborated to actualize our collective and global wisdom into this document—a gift from the Laudato Si' Movement to you.

**Remember:**

as Lent begins, unfolds, and concludes, view prayer in this resource not as an abstract exercise but as a call to action. Prayer is action that grounds our lives spiritually. Let the Creator Spirit guide you as you seek to live this Lenten season more intentionally in the light of Laudato Si'.

Let's begin.



# Repent: An examen for daily use

We invite you to pray this across the Lent season. You can use this in your daily life or as preparation for the sacrament of reconciliation.

1. Where did I hear and see Creation's song? Thank God who created all things, for the gift of Creation, and ask for light so you can hear God's message of love and justice through the beauty of Creation.
2. Where did I hear and see Creation's cry? Review your day and how you have failed to fully care for Creation. Think about what are some of your ecological sins: the small actions in your daily life such as waste, pollution of all kinds, consumerism, and carbon footprint.
3. Where do I hear and see Creation's call? Seek forgiveness and reconciliation with the Creator and the gift of Creation, so that you may recognize yourself as a humble creature created by God to live in harmony with the whole cosmos. Notice where God and Creation may be calling you to act for love and justice.

Prayer inspired by Psalm 51(50)

Be merciful, O Lord, for we have sinned.  
Have mercy on me, O God, in your goodness;  
in the greatness of your compassion  
wipe out my offenses against the gift of your Creation.  
Thoroughly wash me from my guilt  
and cleanse me of my ecological sins.

For I acknowledge my offense against you, Creator God,  
my ecological sins stand now before me:  
In my broken relationship with your Earth and my fellow creatures,  
against You and your divine will have I sinned.

Create a clean heart in me, O God, through your Creator Spirit,  
and renew my Christian vocation to care for your Creation.  
Help me hear and see your message of love in Creation,  
and sustain in me a willing spirit of ecological conversion.  
By the grace of your Son, our Savior Jesus Christ,  
Redeemer of the whole cosmos,  
Amen.



# LENT CALENDAR

2024

“BE MERCIFUL, O LORD, FOR WE HAVE SINNED.”  
(CF. PSALM 51:3A)

Please use this calendar to guide your reflection and actions across the weeks of Lent into your Easter celebration. We invite you to view blank dates as an invitation to honor our world’s collective need for simplicity and rest.

<p>FEB <b>14</b> ✝</p> <ul style="list-style-type: none"> <li>• Ash Wednesday</li> </ul>	<p>FEB <b>15</b></p> 	<p>FEB <b>16</b> 🌳</p> <ul style="list-style-type: none"> <li>• Pray the Ecological Way of the Cross</li> </ul>	<p>FEB <b>17</b></p> 	<p>FEB <b>18</b> 🐟</p> <ul style="list-style-type: none"> <li>• First Sunday of Lent</li> </ul>
<p>FEB <b>19</b></p> 	<p>FEB <b>20</b></p> 	<p>FEB <b>21</b> ❤️</p> <ul style="list-style-type: none"> <li>• Almsgiving: invitation to donate</li> </ul>	<p>FEB <b>22</b> 🙏</p> <ul style="list-style-type: none"> <li>• Feast of the Chair of Saint Peter, Apostle</li> </ul>	<p>FEB <b>23</b> 🙏</p> <ul style="list-style-type: none"> <li>• Memorial of Saint Polycarp, bishop and martyr. Pray the Ecological Way of the Cross</li> </ul>
<p>FEB <b>24</b></p> 	<p>FEB <b>25</b></p> <ul style="list-style-type: none"> <li>• Second Sunday of Lent</li> </ul>	<p>FEB <b>26</b></p> 	<p>FEB <b>27</b></p> 	<p>FEB <b>28</b> ❤️</p> <ul style="list-style-type: none"> <li>• Almsgiving: invitation to donate</li> </ul>
<p>FEB <b>29</b></p> 	<p>MARCH <b>01</b> 🙏</p> <ul style="list-style-type: none"> <li>• Pray the Ecological Way of the Cross</li> </ul>	<p>MARCH <b>02</b></p> 	<p>MARCH <b>03</b></p> <ul style="list-style-type: none"> <li>• Third Sunday of Lent</li> </ul>	<p>MARCH <b>04</b></p> 
<p>MARCH <b>05</b></p> 	<p>MARCH <b>06</b> ❤️</p> <ul style="list-style-type: none"> <li>• Almsgiving: invitation to donate</li> </ul>	<p>MARCH <b>07</b> 🙏</p> <ul style="list-style-type: none"> <li>• Memorial of Saints Perpetua and Felicity, martyrs</li> </ul>	<p>MARCH <b>08</b> ❤️</p> <ul style="list-style-type: none"> <li>• Pray the Ecological Way of the Cross</li> </ul>	<p>MARCH <b>09</b></p> 



MARCH 10 

• Fourth Sunday of Lent

MARCH 11



MARCH 12



MARCH 13



MARCH 14 

• Almsgiving: invitation to donate

MARCH 15



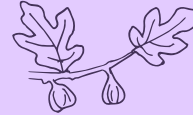
MARCH 16



MARCH 17 

• Fifth Sunday of Lent

MARCH 18



MARCH 19


• Solemnity of Saint Joseph, husband of the Blessed Virgin Mary

MARCH 20



MARCH 21 

• Almsgiving: invitation to donate

MARCH 22 

• Pray the Ecological Way of the Cross

MARCH 23



MARCH 24 

• Palm Sunday of the Lord's Passion

MARCH 25 

• Monday of Holy Week

MARCH 26 

• Tuesday of Holy Week

MARCH 27



MARCH 28 

• Holy Thursday

MARCH 28 

• Holy Friday

MARCH 30 

• Holy Saturday

MARCH 31 

• Easter Sunday

# LENT CALENDAR

2024



## LAUDATO SI' MOVEMENT

Catholics for Our Common Home

"BE MERCIFUL, O LORD, FOR WE HAVE SINNED." (CF. PSALM 51:3A)

FEBRUARY 18

# First Sunday of Lent

“This is the time of fulfillment. The kingdom of God is at hand. Repent, and believe in the gospel.” (Mark 1:15)



“Today, however, we have to realize that a true ecological approach always becomes a social approach; it must integrate questions of justice in debates on the environment, so as to hear both the cry of the earth and the cry of the poor.” (Laudato Si’ 49)

## Read.

Explore the Gospel reflection for this Sunday by clicking on [this link](#).

**Reflect.** Consider how the Creator Spirit is calling you into the desert this Lent to deepen your capacity to hear both the cry of the earth and the cry of the poor. How can we embrace the present moment as the time of fulfillment to convert our gaze and actively contribute to the realization of the kingdom of God in our approach to the climate crisis?

**Reconcile.** Reconciliation with Creation calls for bold action to face the ecological challenges of our time. Please find the regional calls to action where you live and start giving concrete steps into making peace with the Creator and the gift of Creation.

[Click on this link if you live in Africa.](#)

[Click on this link if you live in Asia or the Pacific region.](#)

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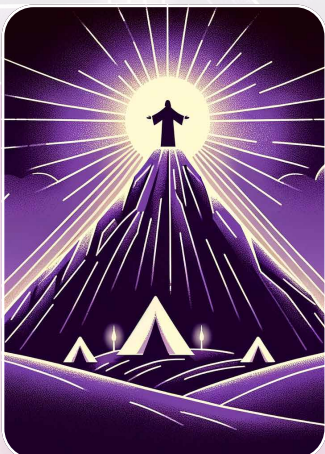
[Click on this link if you live in North America.](#)



FEBRUARY 25

# Second Sunday of Lent

“Then a cloud came, casting a shadow over them; from the cloud came a voice, ‘This is my beloved Son. Listen to him.’” (Mark 9:7)



“The Lord was able to invite others to be attentive to the beauty that there is in the world because he himself was in constant touch with nature, lending it an attention full of fondness and wonder.” (Laudato Si’ 97)

## Read.

Explore the Gospel reflection for this Sunday by clicking on [this link](#).

**Reflect.** Listen to God’s beloved Son and how he teaches us to contemplate the beauty of Creation. How does the way of living and the actions of Jesus Christ in the Gospels inspire you to be more in touch with the Earth and with the poor?

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MARCH 3

# Third Sunday of Lent

“Take these out of here, and stop making my Father’s house a marketplace.” (John 2:16b)



“A healthy approach to the value of hard work, the development of one’s native abilities and a praiseworthy spirit of initiative is one thing, but if one does not seek a genuine equality of opportunity, “meritocracy” can easily become a screen that further consolidates the privileges of a few with great power.” (Laudate Deum 32)

## Read.

Explore the Gospel reflection for this Sunday by clicking on [this link](#).

**Reflect.** Human selfishness and egocentrism use different disguises in the climate crisis we are living in. In what ways are profit and meritocracy present in your life today? What can you do to break from the things in your life that do not help build genuine equality of opportunities? How do they inspire you to be more in touch with the Earth and with the poor?

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MARCH 10

# Fourth Sunday of Lent

“For God so loved the world that he gave his only Son, so that everyone who believes in him might not perish but might have eternal life.” (John 3:16)



“If ‘the universe unfolds in God, who fills it completely... there is a mystical meaning to be found in a leaf, in a mountain trail, in a dewdrop, in a poor person’s face’. The world sings of an infinite Love: how can we fail to care for it?” (Laudate Deum 65)

## Read.

Explore the Gospel reflection for this Sunday by clicking on [this link](#).

**Reflect.** God’s love for Creation is so immense that he gave his only Son so that we could have eternal life. How can you better recognize the infinite Love in the Earth and the poor? How does this help you discern your role in addressing the urgent environmental challenges of the climate crisis?

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MARCH 17

# Fifth Sunday of Lent

“Amen, amen, I say to you, unless a grain of wheat falls to the ground and dies, it remains just a grain of wheat; but if it dies, it produces much fruit.” (John 12:24)



“The human person grows more, matures more and is sanctified more to the extent that he or she enters into relationships, going out from themselves to live in communion with God, with others and with all creatures.” (Laudato Si’ 240)

## Read.

Explore the Gospel reflection for this Sunday by clicking on [this link](#).

**Reflect.** What are the things that this Lent season is inviting you to die to? How is your commitment to a deeper ecological conversion helping you enter into healthier relationships with others, with the Earth, with yourself, and with the Creator?

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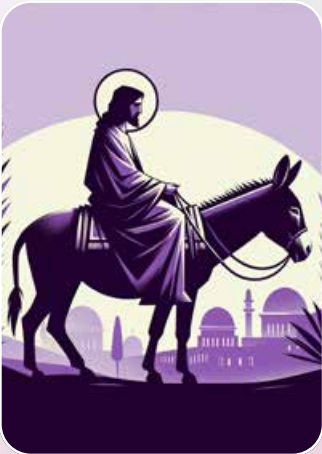
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MARCH 24:

# Palm Sunday of the Lord's Passion

“My God, my God, why have you forsaken me?” (Mark 15:34b)



“The Creator does not abandon us; he never forsakes his loving plan or repents of having created us.”  
(Laudato Si’ 13)

**Read.**

Explore the Gospel reflection for this Sunday by clicking on [this link](#).

**Reflect.** It is difficult to keep our faith the more we see the urgency of the climate crisis and its horrific consequences. How is the Creator Spirit reminding you today that the Creator does not abandon you nor the Earth? As we enter into the Holy Week, keep in mind that the sufferings of Jesus Christ are not only for us but for the whole cosmos.

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MARCH 31

# Easter Sunday

“On the first day of the week, Mary of Magdala came to the tomb early in the morning, while it was still dark, and saw the stone removed from the tomb.” (John 20:1)



“Sunday is the day of the Resurrection, the “first day” of the new creation, whose first fruits are the Lord’s risen humanity, the pledge of the final transfiguration of all created reality.” (Laudato Si’ 237)

## Read.

As we wrap up this 40-day journey, our Easter celebration dives deeper into the understanding of Christ as the redeemer of all creatures, all Creation, and the whole cosmos.

**We wish you a joyful Easter! Laudato Si'!**

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# Community Connection

This Lent guide is only one of many resources that we've authored and Laudato Si' Movement is an evolving work in progress. If you want to get involved with the Laudato Si' Movement, or if you're making things happen where you live, we'd love to hear from you.

Join a [Laudato Si' Circle](#) or find us on social media

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